

Matthew 11:28-30
"Abide in God's Rest"

Sun Night
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Paul Chrappell



1. Introduction

a. Jesus prays to His heavenly Father (Mt 11:25-27)

- God the Father has hidden many things from the wise & prudent people
- Seemed good to reveal to the youngsters or slow to understand
- Father & Son know each other
- Son will reveal the Father to whom He decides

b. God promotes rest for His people

- Heb 4:4 God rested on 7th day
- Heb 4:9 there is a rest to God's people

2. Come to Me

a. Abide in God's way

- Turn to God's rest in time of stress
- Let God take your burden
- all who labor
- all who have heavy burdens

b. Jesus reward-incentive

- "I will give you rest"
- Ps 37:7 Rest in the Lord
- Ps 116:7 Rest for my soul

3. Abide in God's Work

a. Declaration - invitation

- "Take My yoke"
- * Yoke used for pulling animals
- * Shared yoke with Jesus work (Philp 4:13)

3b. My burden

- God's yoke is easy
- God's burden is light
- Christian life designed to be powered ~~to~~ by God
- God carries the burden

4. Abide in God's Word

a. Learn of Me

- learn from Jesus
- Jer 10:2 Do not learn the way of false gods

b. Learn through God's instruction

- Bible is God's written word

c. Learn through your involvement

- modeling & mentoring
- Jms 1:22 Be doers of the word
- Check out godly Christians
 - * Do their actions match with God's Word?
 - * Copy their example

d. Learn from Me

- "for I AM gentle (meek) & lowly in heart"
- * Jesus describes Himself as a Gentle soul & spirit
- "You will find rest for your souls"