

1. Introduction

- a. Intimacy - very close together
- b. Simplicity - keeping things important
- c. Quietness - alone time with God
- d. Philp 3:10 to know Jesus & power of his resurrection
 - central point: Jesus death & resurrection (back to life from death)
- e. Silence & Solitude
 - silence & quietness
 - solitude: time alone
- f. Opposite to noise & distraction
- g. Ps 46:10 Be still & know He is God

2. Stop → stop sign

- a. Distraction: busyness, noise
- b. Selah
 - Pause (no more motion - stillness)
 - Think
 - Reflect (memories)
- c. Heb word Selah - part of worship
 - Remember... God lives... God is
 - God continues to be God
- d. Ps 46:4 rivers making God's temple happy
 - think of a river in the desert
- e. Ps 46:5 God's temple will not be moved
 - God is in His temple
 - God shall help
 - God will not be moved
 - Ps 46:1 God is strength & place of safety for Christian
 - Ps 46:2-3 No fear for Christian even during in the end of the world
- f. Ps 46:8 Look at God's works
 - Ps 46:8-9 God makes war to stop
 - God destroys weapons of war
- g. Think about, "Who is God?"
 - to know God
 - come in prayer to meet God



3. Journey Into Silence

- a. Silence within yourself
 - no more inner distractions
- b. Ps 46:10 God will be exalted (raised up)
 - among all nations
 - on the earth

4. Ministry of Silence

- a. Time alone with God
- b. Prayer time - communicate
- c. Bible reading - learning
- d. Remember:
 - God created the heavens & the earth
 - God intervened into human history
 - x Jesus born into world
 - x Jesus died on a cross
 - x Jesus came alive after death
- e. After Jesus baptized
 - spent 40 days in wilderness alone
- f. Jesus many times went alone, spending time to pray
- g. Jesus spent time alone with His disciples
 - living an example for His disciples
 - teaching His disciples
- h. Alone time with God
 - listen to God
 - Holy Spirit brings your attention to parts of Scripture
 - Holy Spirit impresses your attention (within you) on certain things
 - share your questions with God
 - x on margins of Bible
 - x in written notebook

5. Conclusion

- a. Ps 46:11 God is the Lord of Hosts
- b. God is with Christian
- c. God of Israel is Christian's refuge (place of safety)

